# How do I THINK LD?



### The 3 THINKs can be used anywhere

You can use the **3 THINKs** wherever a person with learning disabilities might access support, social care or health care.

This could be; a GP surgery, a hospital ward or department, a care home, a dentist surgery, a local pharmacy, a day centre, voluntary agencies, support groups, libraries, schools and colleges.....anywhere!

#### Use the 3 THINKs

### THINK ACCESS

Is there anything stopping people with learning disabilities using the service I provide?

Is the building physically accessible?

Is the building autism friendly?

Do people with learning disabilities know the service exists?

#### THINK FLEXIBLE

# Can I offer any adjustments that could improve people's experience?

Can we offer longer appointments for routine screening or planned reviews?

Can we offer a quiet waiting area?

Do we involve the person and their carer?

#### THINK EQUALITY

Will people with learning disabilities have the same outcomes as anyone else?

Is this service inclusive of all communities?

Do we meet the needs of people from hard-to-reach groups?

## Actively recruit THINK LD Champions

Wear your **THINK LD** badge with pride, take the lead and recruit people to be **THINK LD Champions!** 



All they have to do is ask the **3 THiNKs** in their day-to-day role and encourage others to do the same when they attend meetings or are involved in changes to the services provided.

#### Do all staff know about THINK LD?

Make sure all staff know about **THINK LD** and know exactly what services they can offer people with learning disabilities, such as extra support, longer appointments, easy read leaflets and letters.



Include reception and administration staff as they will also assist people with learning disabilities

Put up the **3 THINKs** poster and information in staff rooms and discuss it at team meetings.

#### Accessible information

Make sure you have the **3 THINKs** poster on display. You should also look for easy read versions of leaflets and



letters that you can use when communicating with a person with learning disabilities.

Did you know that Bradford Talking Media (BTM) have developed a range of health leaflets specifically for our local services and people who use them? You can download copies of leaflets about annual health checks, health screening, health conditions and social issues at <a href="http://www.btm.org.uk/resources/">http://www.btm.org.uk/resources/</a> Keep a few copies available to use or have a handy list to refer to when you need to give information to someone with a learning disability.

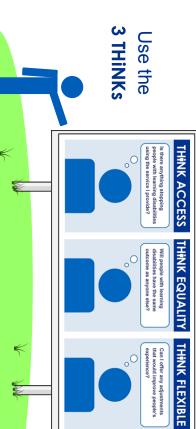
# Embed in governance

**THINK LD** can be embedded in the governance of your organisation.

- Have people with learning disabilities on your boards, steering groups, focus and consultation groups etc.
- Make sure that learning disabilities is discussed at all levels especially in relation to access and equality
- Ensure the 3 THINKs are used when changes are made within the organisation or service
- Include learning disabilities in your audits and checks
- Use the **THINK LD** strapline on emails



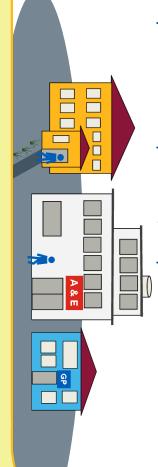




Recruit THINK LD Champions include as wide a variety of people as possible

in places like GP practices, hospitals and care homes

Use THINK LD and the 3 THINKS





Display the THINK LD poster and make easy read information available

> staff know about Make sure all THINK LD governance, strategic and Embed THINK LD in your team meetings



CCGs working together
Airedale, Wharfedale and Craven CCG
Bradford City CCG
Bradford Districts CCG